

# Hinsdale Physicians Healthcare

## HPH On-Call List

Hinsdale Physicians Healthcare (HPH) maintains a separate On-Call List to ensure that a contracted HPH PCP is available to see patients admitted to Adventist Facilities. This is a rarely used, but important On-Call List to keep in mind. In the case that a member is admitted, usually emergently, and the member has not established themselves with a PCP or the PCP is not on staff, HPH requires that the On-Call Physician manage the member's stay. In these cases, HPH agrees to pay the On-Call PCP Fee For Service at 115 % of Medicare for providing care and managing the stay.

While the Bolingbrook Campus Physicians group grows, there will be NO Bolingbrook Physicians meetings YET. However, this group will form an On-Call List and will be taken off the Hinsdale or LaGrange On-call List. The On-Call List should be used in the event of a Bolingbrook admission when the HPH PCP is not on staff. A revised On-Call Lists for all Campuses will be issued effective March 1, 2008.

## **Adventist Bolingbrook Hospital**

As you all are aware, Adventist Bolingbrook Hospital opened its doors on January 14, 2008. Hinsdale Physicians Healthcare (HPH) is contracted with Adventist Bolingbrook Hospital. Therefore, providers can utilize the hospital, with a proper referral, for services such as diagnostic testings (X-ray, labs, MRI), surgeries, inpatient admissions, etc. **Please note, some of these services may still require pre-authorization.**

*Please contact Provider Relations should you have any questions.*

## \$\$\$\$ 2008 BONUS \$\$\$\$ DISTRIBUTION!



Congratulations to all Capitated Primary Care Physicians and Capitated Specialists! Hinsdale Physicians Healthcare Board of Directors agreed to Bonus Dollars totaling **\$3,582,875**. **This year's bonus will be distributed by March 15<sup>th</sup>, 2008.**

## **Surgical Assistant Services**

Enclosed in this month's mailing is a memo regarding Surgical Assistant Services that are available through Adventist Health Partners at the Adventist Hinsdale Hospital, Adventist Glen Oaks and Adventist LaGrange Memorial Hospitals.

## **PROVIDER UPDATES:**

### PRIMARY CARE PHYSICIANS:

**Dr. Jalpabehen A. Patel**, Family Practice  
Glen Oaks Campus, effective 2/1/2008

**Dr. Amy Sinha**, Family Practice  
Hinsdale Campus, effective 2/1/2008

**Dr. Efrain Flores**, Pediatrics  
Bolingbrook Campus, effective 3/1/2008

### SPECIALISTS:

**Dr. Rosemary Chen**, Dermatology  
*Leave of Absence* from February 25, 2008 through April 4, 2008. Dr. John Kalis will be the covering physician.

## February 2008

### Blue Cross/ Blue Shield Formulary Updates

Zyrtec (cetirizine) – USFDA granted OTC drug status to the tablet, chewable tablet and syrup formulation and extended –release Zyrtec –D (pseudoephedrine) and will be available January 24, 2008. Once the OTC is available, the prescription versions will eventually become unavailable. OTC drugs are excluded from coverage under the Rx benefit. Zyrtec and Zyrtec – D have non-formulary status. Depending on the member's Rx Drug Benefit Plan, members may realize potential out-of-pocket savings by purchasing the new OTC versions.

Generic Available for Altace – Ramipril, an angiotensin- covering enzyme (ACE) inhibitor, is now available generically (December, 2007). The drug is indicated for treatment of high blood pressure and reduction of cardiovascular risks. Ramipril is a generic alternative and includes brands such as Accupril, Aceon, Capoten, Lotensin, Mavik, Monopril, Prinivil, Univas, Vasotec and Zestril. The use of generic medications as first-line therapy is encouraged whenever appropriate.

### NOT A COVERED BENEFIT:

The following services are not a covered benefit and a **referral should NEVER be written requesting any of these services:**

- Infertility Services for a member who has had a tubal ligation or whose spouse has had a vasectomy
- Convenience items: Bath rails/lifts/seats, raised toilet seats
- Wigs (cranial prosthesis)
- Blood pressure monitoring device (for members not on dialysis)
- Diabetic shoes (not attached to a brace)

- **Cosmetic Procedures (that do not have underlying medical conditions)**

*Please contact your Referral Coordinator if you have any additional questions.*

### Referrals for Ongoing Therapy

Member's benefits for services such as Physical Therapy, Speech Therapy and Occupational Therapy have a limited number of benefits per calendar year. Please note that even if a member is continuing therapy from 2007, a new referral needs to be issued for 2008 services.

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## MEDICAL MANAGEMENT

### Benefit for Extraction of Fully Bony Teeth

**BCBS: HMO Illinois/Blue Advantage HMO**  
Surgical removal of **fully bony impacted** teeth is in benefit. The Primary Care Physician should call the referral request in to Referral Coordinators at 708-432-2004 or 708-432-4041. (Please note that the member's dental provider needs to supply confirmation of fully bony impacted teeth confirmed by a dental x-ray.)

### UniCare and Humana HMO

Contact Hinsdale Physicians Healthcare's (HPH) Referral Department at 708-432-2004 or 708-432-4041. HPH will place a call to the health plan and check benefits for the member.

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## REFERRAL TURNAROUND TIMEFRAMES:

The turnaround timeframe for **referrals** is **5 calendar days. Urgent referrals must be processed within 72 hours.**

## February 2008

### NON-PARTICIPATING PHYSICIAN COVERING FOR A PARTICIPATING PHYSICIAN:

In the event that a physician who is not contracted with our Medical Group is covering for a contracted physician (PCP or Specialist), the physician would be required to work out the payment arrangement with the covering physician. The non-participating physician **cannot** bill the member. Any questions, please contact Frances Guerrero, Provider Relations Representative at 708-432-0009.

### Quality Management February 2008

**As Valentine's Day approaches,** keep in mind that Heart disease is the No. 1 killer of women – claiming the lives of nearly half a million women each year. High blood pressure increases the chances of having a heart attack or heart failure. Treating high blood pressure can save a life, reducing the chances of:

- ♥ Heart attacks by 27%
- ♥ Heart failure by 55%.

The good news is that high blood pressure can be controlled. Better yet, it can be prevented!

Blood pressure has now been added to 3 of the current BCBS projects. Catherine Regan and/or Jean Fahri-Schaffer, your Quality Nurses, will ask for your patient's medication list to check for treatment with ACEs & ARBs. Below is how ARBS can help lower blood pressure and so prevent injury to the heart.

**Angiotensin II Receptor Blockers (ARBs)** are newer blood pressure drugs that protect blood vessels from angiotensin II. As a result, the blood vessels relax and become wider, and blood pressure goes down.

ARBs are also vasodilators and exhibit many of the same effects as ACE inhibitors. They are of particular value in treating patients with heart disease. Side effects overall are very rare, but symptoms such as headache, dizziness, decreased libido, stomach ache, and upper respiratory distress can occur.

*From: American Heart Association web site*

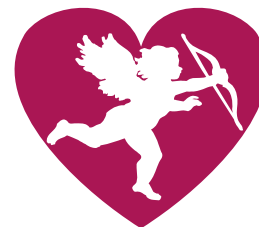
Recheck your patient's blood pressure if it is 140/90 or greater. Document the lower reading in the medical chart!

### Look for these NAMM communications coming to you:

- Names of members needing their 12 & 18 month immunizations
- 2007 Project Report Cards, so you can see **your** office's project scores

Catherine Regan or Jean Fahri-Schaffer, your Quality Nurses will be returning to you patient documents submitted for the projects that were obtained directly from eye vendors or other specialty offices. Please add these to your medical records.

- **Projects/Outreach** The HEDIS project is coming (1<sup>st</sup> Quarter 2008).



## February 2008

### JANUARY 2008 UTILIZATION STATISTICS

	<i>Admits/1000 YTD</i>	<i>Days/1000 YTD</i>
<i>Family Medicine</i>	63.2	270.7
<i>Internal Medicine</i>	48.7	197.6
<i>Pediatric Medicine</i>	36.5	332.5

If you would like to discuss specific topics, please feel free to attend the next PODS meetings.

### PODS MEETINGS SCHEDULE March 2008



#### **Hinsdale Campus/PODS:**

March 19, 2008 at 7:00am  
Doctor's Dining Room  
Hinsdale Hospital

#### **Glen Oaks Campus/PODS:**

March 20, 2008 at 7:30am  
Private Dining Room  
Glen Oaks Hospital

#### **LaGrange Campus/PODS:**

March 26, 2008 at 7:30am  
Dixon C Educational Center  
LaGrange Hospital

### HPH/NAMM TEAM

**Andrea Gruca** 708.432.4022  
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